

# The Grateful Heart

## April Faith Journal Prompts

1. Blessings in my life that I'm grateful for.
2. Am I thankful more often than not? If not, why?
3. What areas of my life affect my gratitude?
4. How can I demonstrate my gratitude to God ?
5. Search the word "gratitude" in a concordance & meditate on it.
6. Is there anything in my life I'm taking for granted?
7. People in my life that I'm blessed with.
8. Write a prayer thanking God for these special persons in your life.
9. I'm grateful for my salvation because...
10. My initial response to problems is to give thanks or have self-pity?
11. Can I go a month without shopping for wants?
12. Do I tend to focus more on what I have or what I don't have?
13. Meditate on Psalm 9:1.
14. God is good because...
15. A grateful heart is a happy heart. What are your thoughts on this?
16. The biggest blessing in my life is?
17. Things in my life I'm grateful for that didn't happen as planned.
18. Ways in which the LORD protected me.
19. Write down a verse about thanksgiving.
20. Read and meditate on Philippians 4.
21. Am I content in the good and bad times?
22. The "little" things that make me happy.
23. Today I'm grateful for...
24. Advice given to me that I'm thankful for.
25. Ways in which I show my gratitude towards others.
26. Something in nature that you're thankful for.
27. I'm thankful for prayer because...
28. I'm thankful for the Bible because...
29. Even if I don't have what I want, I'm grateful because...
30. Write a prayer of worship to God.

