

The Joyful Life

May Faith Journal Prompts

1. What is joy?
2. What brings me joy?
3. How can I have a more joyful life?
4. People in my life that bring me joy and why.
5. Search the word "joy" in a concordance & meditate on it.
6. What is the difference between happiness and joy?
7. Write down the many ways in which the LORD brings you joy.
8. Do I have any misconceptions about joy?
9. Read, meditate, and journal 1 Peter 1:8-9.
10. Write the lyrics of a song that bring you joy.
11. Something you experienced today that brought you joy
12. The world's definition of joy vs. what the Bible says.
13. Explain how you feel when you're joyous.
14. The joy of the LORD is...
15. Sharing the Gospel with others brings me joy because...
16. Journal Psalm 30:5
17. How would you bring joy to someone who has the blues?
18. Write a short poem on the LORD's joy.
19. How is gratitude and joy related?
20. I'm the most joyful when...
21. When I am down, I know the LORD can bring me joy because...
22. The joy of the LORD is my strength so...
23. Journal the fruits of the Spirit
24. Meditate on Romans 14:17
25. How I imagine joy in Heaven will be like.
26. Write a word of encouragement to yourself.
27. Prayer brings me peace and joy because...
28. Past experiences where I lacked joy.
29. What I have learned about rejoicing.
30. Ways in which fellowship brings joy.
31. Write a prayer of worship to God.

