

# Quenching Dry Spells

## September Faith Journal Prompts

1. Journal about your dry spell.
2. What do I think has caused this spiritual dryness?
3. What does Scripture say about Spiritual dryness?
4. How can I be revived?
5. Truths about God that make me marvel.
6. Read, meditate, and journal John 4:13-14.
7. Write a prayer of help to God.
8. Uplifting song lyrics.
9. A favorite verse or chapter.
10. An encouraging message I heard or read recently.
11. Read, meditate, and journal Psalm 107.
12. Journal about a peaceful place that you like to go to.
13. A "mundane" thing you enjoy.
14. Today just pour out all of your thoughts & give them to God.
15. How have previous dry spells been broken?
16. Journal about a time when God answered a prayer.
17. Read, meditate, and journal Psalm 42:1-5.
18. Write a prayer for someone else.
19. Journal about a sermon you can't forget.
20. Write down all that you're grateful for.
21. How does the Lord speak to me?
22. God is good because...
23. Read, meditate, and journal Psalm 63:1.
24. The Lord has saved me from...
25. Thank God for the people in your life.
26. I'm grateful for the death & resurrection of Jesus because...
27. Something in nature that you enjoy. God created it!
28. Things I have learned recently.
29. What do I think about Heaven?
30. A prayer of worship to God.

